

News from



HONEY LANE CARE HOME

Dear friends,

We've cherished the Christmas festivities and spent some time reflecting on the love, laughter, and cherished memories from recent months. We hope you enjoy these highlights!



Merry and Bright



We all got into the Christmas spirit with our annual lights switch-on extravaganza! We had a snowy winter wonderland, lots of delicious food, warming drinks and festive entertainment. Thank you to everyone who popped along to see us, including the Mayor of Waltham Abbey who switched on our lights for us.

Other December highlights included an invitation to join Hillhouse School for their magical Christmas carols and cake event, a visit from our lovely Little Honey Bees toddler group – including an appearance from Father Christmas, and the residents making lots of festive crafts from Christmas tree sun catchers to traditional Christingles. Just magical!

Animal therapy with Izzy



Our residents love their weekly visit from tiny Pets as Therapy (PAT) dog Izzy and her owner Amanda. The home always buzzes with excitement leading up to her visit, Izzy is like a cute ball of fluff with the gentlest nature. Some of our residents enjoy chatting or even singing to her, others just love a cuddle, she has the softest fur! There is always lots of smiles and laughter.

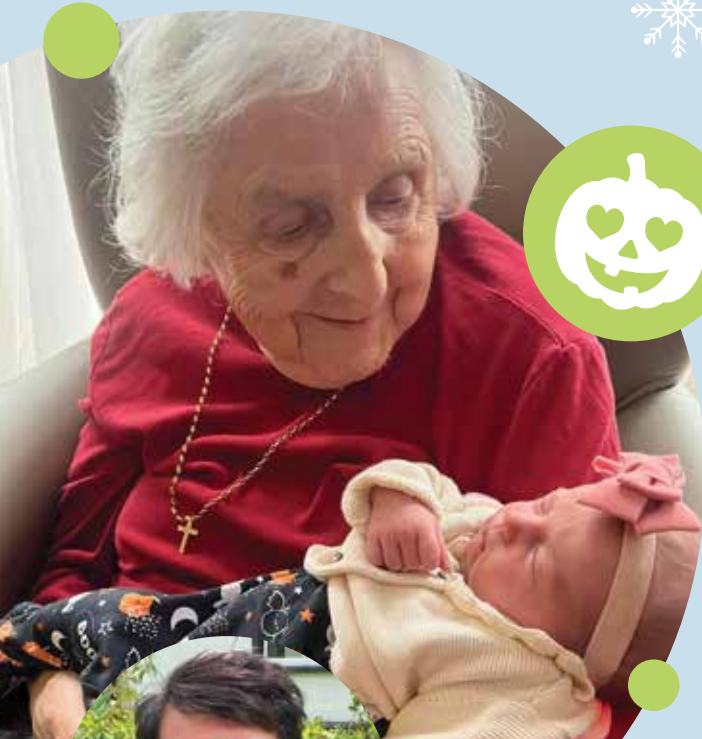
Animal therapy has lots of health and wellbeing benefits for older people, especially those living with dementia. For some of our residents, interacting with Izzy has a calming effect, helping them to relax and feel content, and for others it can be a great way to stimulate engagement, social interaction, and conversation.



Lest we forget



In November, we held a commemorative remembrance concert to show respect and remember all those who fought for our freedom and the sacrifices made. Our wonderful singer entertained us with 1940s wartime songs, and everyone joined in with a sing-along. Leading up to the day, our residents crafted handmade poppies from paper plates, which we displayed around the home. Many of our residents have served in the armed forces, or have family members who have, so Remembrance Sunday is a time to give thanks for their duty and to remember those who have fallen.



Spooky fun

For Halloween, we got dressed up for a dance and music sing-along with Vicky. The spooktacular fun continued into the afternoon with the residents enjoying a few games of apple bobbing and wrap the mummy. Our Little Honey Bees toddler group also joined us for a Halloween party. It was a real treat seeing the little ones dressed in their spooky (and very cute) costumes.



With love,
Angie Sacks
Home Manager

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**We always love reading your comments on Facebook!
Here are a few recent ones:**

“It's both wonderful and so reassuring to see all you guys do for our loved old folk.” Chris

“Always going above and beyond for every occasion.” Kathleen

“Honey Lane always know how to put on a good party.” Sue



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